



# Exeter Tour Series

## Thurs 3<sup>rd</sup> June 2010

**Ashfords**  
Solicitors

### Ashfords Community Team Races Rider Confirmation

Kindly supported by  **BRITISH  
CYCLING**

Thank you for your application to ride within a team as part of the Ashfords Community Team Races.

**Please read the following information carefully:**

#### Race details:

The races will take place on Thursday 3<sup>rd</sup> June 2010, between 3.30pm and 5.30pm. Teams of 3 will be timed as they race for 3 laps of the 1.5km circuit (see enclosed map), with the clock stopping when the last member of the team crosses the finish line. Teams will be set off at intervals, so whilst there will be several teams riding at the same time, you are not competing against each other. As this is a team race, the aim is to work with your team to get round the circuit in the fastest time.

**Please see the Team Start Times (attached to the email) for your racing time.**

**Race Organiser:** Zsolt Schuller (Devon County Council)

**Commissaire:** Andrew Parker (British Cycling)

**Timekeepers:** Ian Daveridge and Gill Daveridge

This race is promoted under the rules and regulations of the British Cycling Federation.

#### Registration:

All riders must register at least 30 minutes before their start time. Registration is at the Exeter Phoenix Arts Centre from 2.30pm. We have provided temporary cycle parking for riders in the car park between the Phoenix and the library. You must bring your own locks, as this facility is not supervised.

Please see the map on the last page for the locations of the Exeter Phoenix and the cycle parking.

At the Phoenix, you will be able to:

- Register for your race
- Collect your teams race numbers
- Access secure storage for your belongings
- Use toilet facilities

#### Warm up:

Be aware that throughout the day there will be a number of community events taking place on the circuit. Therefore the opportunity to warm up on the circuit will be limited. Please do not access the circuit whilst other events are taking place.

We would recommend that you use the circular route on Musgrave Road to warm up (see map). Please be aware that the adjacent roads are on the carriageway and will contain other traffic.

#### Race start:

**Entrance to the circuit is only permitted 10 minutes before your allocated race time**, as waiting space on the High Street is limited. You must access the circuit by walking your bike down Gandy St to access the High Street. PLEASE DO NOT CYCLE – THIS IS A PEDESTRIAN ROUTE! There will be a feeder lane to lead riders onto the circuit. You must not enter the circuit until the British Cycling official permits you.

**Please note: teams not in position at their allocated start time will not be able to race.**

#### Race end:

Exit from the circuit (once you have passed the finish line for your final lap) is off New North Road, onto Bailey Street. From here, you can return to the Race HQ at Exeter Phoenix.

## **Prizes!**

If you thought the race was just fun, think again! Prizes will be available for the fastest teams in the following categories. Prizes will be presented on the Tour Series podium on the High Street when the races end at 5.30pm. Be there to find out if you've won!

- 1) Corporate
- 2) University / College
- 3) Cycling Club
- 4) Under 18s
- 5) Women's team (under 18s)
- 6) Women's team (over 18s)
- 7) Miscellaneous (e.g. best effort, best fancy dress etc)

## **Insurance cover**

These Community Races have been registered with British Cycling and all riders signing on will be covered by British Cycling Insurance. Please see the attached booklet for more information.

## **IMPORTANT INFORMATION FOR UNDER 18s!**

All riders under 18 must complete a parental consent form in order to race. These will be available on the day as part of registration, or you may complete the attached form in advance, and bring it with you.

## **Safety First**

Yes, this is a race, but safety must always be our top concern. There are some tight corners on this circuit and riders will need to take great care.

All riders must also agree to the following rules to participate;

### **Fitness**

- I declare that I am currently sufficiently well and fit to participate.
- I have declared all relevant medical conditions.

### **Safety**

- I understand and agree that that I participate in this race entirely at my own risk, that I must rely on my own ability in dealing with all hazards and that I must ride in a manner which is safe for myself and all others.
- I am aware that when riding in an event and particularly when riding on a public highway the function of the marshals is only to indicate direction and that I must decide if the movement is safe.
- I agree that no liability whatsoever shall be attached to the promoter, promoting club, meeting sponsor(s), British Cycling, or any official or member of the British Cycling or member of the promoting club in respect of any injury, loss or damage suffered by me in or by reason of the race, however caused.
- I will adhere to any guidance relating to health & safety or to other matters issued to me by the organising officials or the police.

### **Equipment**

- I confirm that the bike I bring to the event will be in good and proper working order.
- I agree to wear a cycle helmet at all times whilst cycling in this event. (Riders without helmets will not be permitted to race.)

### **Promotion**

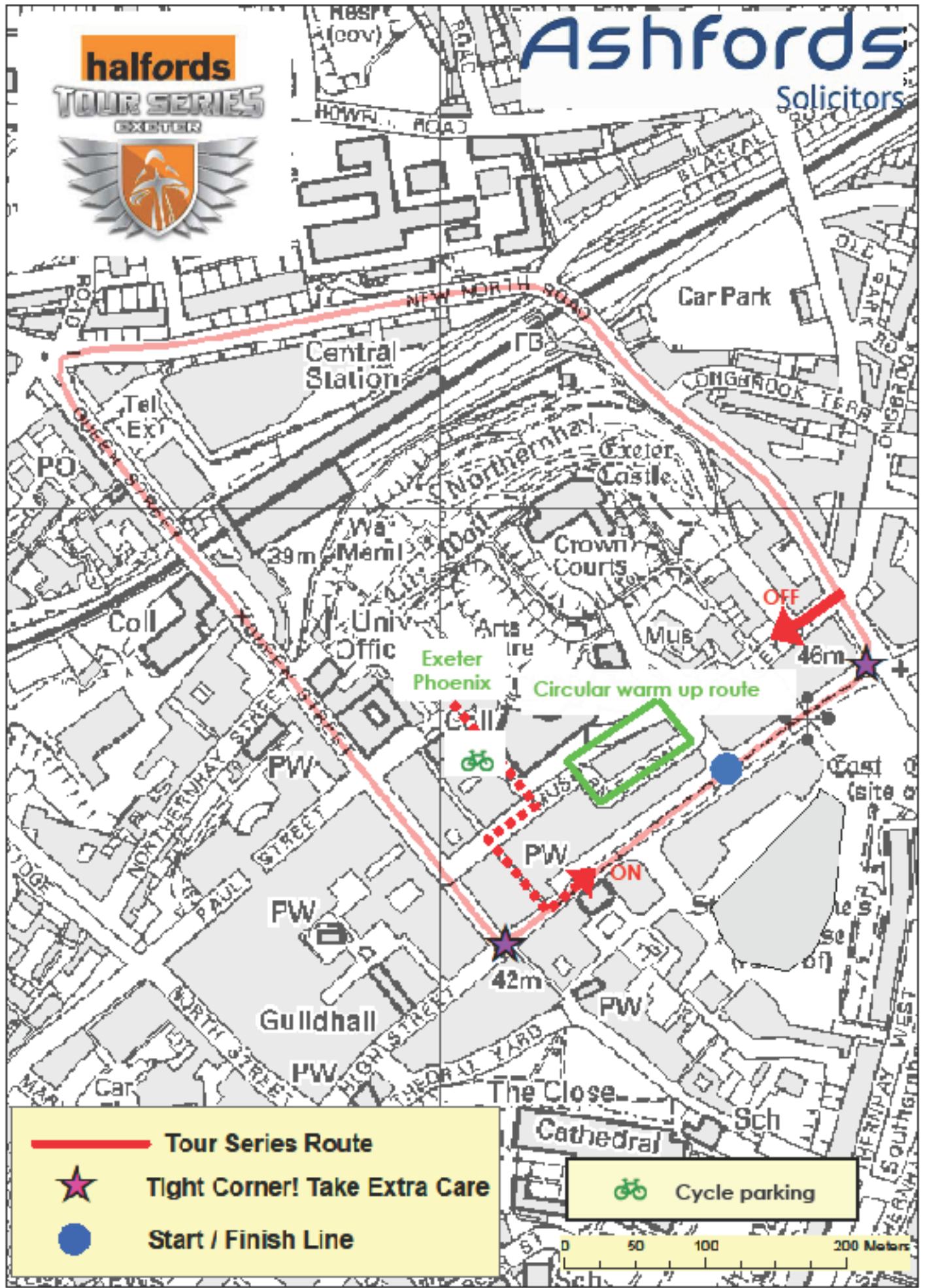
- By entering this event, you give permission for your name, voice or picture to be used in any broadcast, telecast, advertising, promotion or any other account of this event.




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-  Tour Series Route
-  Tight Corner! Take Extra Care
-  Start / Finish Line

 Cycle parking

0 50 100 200 Meters